

Christmas Tea

What a nice hot drink for friends and family at Christmas Season, you will get in love with the Tea.

Prepare some generous fresh pineapple, cube them finely, add juice of an orange, add peeled tangerines, fresh lemon grass and mint leaves.

Spicy the tea adding gloves of pepper and cardamom. Add 2 liters of water take to boil for 30 minutes and loose a $\frac{1}{3}$ of the liquid. It is sweet drink without using sugar or honey.

I use to add a teabag on my cup and it is wonderfully aromatic and tasty. In summer time add plenty of ice cubes, fresh mint and it just amazing when around the pool or relaxing in the garden with the family!

Indeed it is a family drink... Try it and add chamomile, vervain or else flavor you like.